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Belmont Neighbourhood Centre

359 Pacific Highway, Belmont North

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Media Release

Community Centre to form group for Socially Isolated Young Women

A public meeting is set to explore the viability of a Womens social gardening group in Belmont North.

Belmont Neighbourhood Centre are leading the meeting after being contacted by women who felt socially isolated.

Centre Coordinator, Chris Brown believes a social group could help women who are experiencing some challenges.

“We have noticed a few women in our area who are doing it tough. They might be on a mental health journey, looking for work or feeling lonely”, said Brown. “This public meeting will explore how the Belmont community can help other women through friendship”.

The agenda for the meeting focuses on acknowledging the diversity in the community, understanding the challenges women face and ways that a social group could help others.

The public meeting will occur at Belmont Neighbourhood Centre’s Habitat in Harmony Community Garden, which is one of the oldest in the hunter region.

“Habitat in Harmony is the perfect venue for this group. Women can support each other, while improving their mental health in our beautiful garden. It’s a truly community owned space, with a rich history of helping people to feel socially connected”, said Brown

The Public Meeting is to be held on Thursday April 12 at 10:30am, Belmont Neighbourhood Centre, 359 Pacific Highway, Belmont North

For more information see www.bnc.asn.au or visit Belmont Neighbourhood Centre on Facebook

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