

GET TOGETHER

Craft, Coffee and Chat Group
Fri 10am-12pm - \$10 (Members: \$8)

U3A Crochet Class
Fri 9.30-11.30am - Call 0490 515 187

U3A Bridge Class
Tue 1pm-4pm - Call 0490 515 187

Bugalugs Playgroup
Tue 10am-12pm - \$4 per family

GET HELP

Call 02 4947 0031 to book an appointment for:

- Justice of the Peace
- Legal Advice from Rimmington Legal
- Hunter Region No Interest Loans
- Hunter Water Assistance



Annual General Meeting

We invite our Members to attend the Belmont Neighbourhood Centre Annual General Meeting.

Thursday 22nd October | 2pm

Join us as we reflect on the past year, share updates on the Centre's activities and look forward to the year ahead.



Free Legal Advice

Rimmington Legal is now offering free legal advice at Belmont Neighbourhood Centre.



Criminal Law



Family Law



Wills & Estates

Call 02 4947 0031 to book



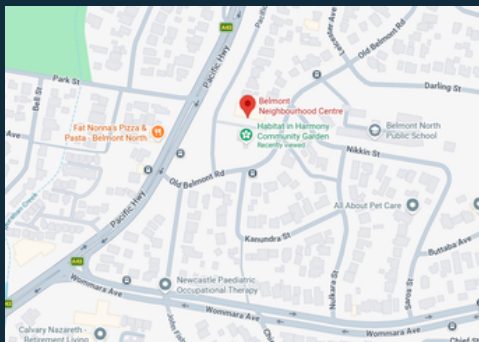
HOLIDAY CLOSURE

Belmont Neighbourhood Centre will close for the holidays on **Fri 18th Dec @ 2pm 2026** and return on **Mon 11th Jan 2027**.

CONTACT US

02 4947 0031

Opening Hours:
Mon - Fri 9am - 3pm



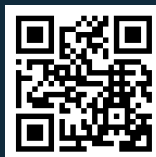
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www.bnc.asn.au



Belmont Neighbourhood Centre acknowledges the Traditional Owners of the land, the Awabakal People, and extend respect to Elders past and present.



NEIGHBOURHOOD NATTERS



Term 4 2026
October - December

Photo from VisitNSW.com

WHAT'S ON



Belmont Men's Shed

Mon, Tue, Thu, Fri 9am-2pm



Habitat in Harmony Community Garden

Mon, Tue, Thu, Fri 8am-2pm



Toy Library

Mon-Fri 9am-2pm



Book Exchange

Mon-Fri 9am-3pm



OzHarvest

Fri - Call to register before 11am



Computer Lessons

\$8 (Members: \$6)

WELLNESS

Active Stronger Better

\$10 (Members: \$7)

- Strength Circuit
 - Wed 8am - Level 2-3
- Strength & Aerobics
 - Mon & Thu 8am - Level 2
 - Mon & Thu 9am - Level 1 (seated options)
 - Thu 10am - Level 1 Seated (standing options)
- Stretch & Balance
 - Fri 8am - Level 2 (seated options)

Tai Chi

For information call Jane on 0490 331 537

- Advanced- Tue 9am
- Beginner- Tue 10am

Eastlakes Physical Culture

Mon & Thu - Call 0437 895 822

IYENGAR Yoga

Tue 8-9am - Call Harriet 0407 714 517

Zumba

For information call Anna on 0403 366 783
Wed 6.00pm-7.00pm

The Healing Circle Aromatherapy

Wed 9.30-11am- Call Celeste 0412 079 306

Wayahead*

Mental Health Month 2026

A little
Connection
goes a long way

Belmont Neighbourhood Centre invites you to join us for a morning of connection, conversation and community as we celebrate Mental Health Month.

THURSDAY 29 OCTOBER
10.30 - 11.30AM

Enjoy an inspiring talk from a special guest speaker, complimentary morning tea, and an opportunity to connect with others in our community.

Proudly funded by



Let's talk about gambling harm.

Join us at Belmont Neighbourhood Centre this GambleAware Week

Tuesday 20th October
11am - 12pm

Hear from a guest speaker about gambling harm, stigma and seeking support while enjoying a complimentary morning tea.

GambleAware
gambleaware.nsw.gov.au
1800 858 858



Bugalugs Playgroup CHRISTMAS PARTY



We invite our little friends and their families to join us for a special Christmas celebration!

Tuesday 15th December 10am-12pm

Come dressed in your favourite Christmas outfits and join us for a morning of Christmas fun as we celebrate the festive season together.

LETTERS FOR SANTA

Do you need help writing and getting your letter to Santa?

At BNC, our experienced *Santa Letter Writers* can help you create your special letter to Santa, before posting it directly into our state-of-the-art North Pole-connected letterbox.



NovaCare
Live your way

MORNING TEA

at Belmont Neighbourhood Centre

Thursday 8 October | 10am

Free Event!



RSVP to BNC